

## **Information for Patients attending the Testicular Clinic**

You have been referred to us by your GP because you have noticed a lump or swelling or pain in one or both of your testicles.

### **What happens when I arrive?**

Please note that our Clinical Team may be male or female.

Our Health Care Assistant will collect you from the waiting room and will explain what will happen and answer any questions. You will likely have an ultrasound scan and then a consultation with the Urologist.

You will be given a lot of information during your visit and it is not always easy to remember everything that the urologist has said to you – **therefore, we recommend that you bring somebody (like a family member or close friend) with you to your appointment.**

### **What is an ultrasound scan?**

An ultrasound scan is a simple painless procedure that uses sound waves to 'see' inside the body, to identify any abnormalities. You will remove your lower clothing and lie down on a couch. A gel will be applied to your scrotum and the ultrasound probe used to obtain a picture of the scrotal area. Both testicles will be scanned in this way and photographs of the scans will be taken and kept as a record in your notes. You can then wipe away the gel and get dressed.

### **What happens at the consultation?**

Following your scan, you will then go in to see the Urologist who will begin by asking you some questions about the pain/lump/swelling, how long it has been there and if you have had any recent injury to the area.

You will also be asked about your medical history and if you take any regular medication. It would help if you could bring a list of any medication you are taking.

The Urologist will then ask you to lie down on a couch in order to examine both your testicles.

### **What happens next?**

This depends on the results of the investigations performed on the day.

The results will allow the urologist to advise you about any necessary further treatment, tests or appointments. This will be discussed with you at your appointment and a report will be sent to your GP within 2 working days.