

**What should I look out for?**

There will be swelling of the penis for few days. However, if you develop a temperature, or increased redness, throbbing or bleeding at the site of the operation, please contact your GP or the NHS 111 service.

**What should I expect when I get home?**

Discomfort for a few days after the procedure is common so regular painkillers, eg. Paracetamol, are advised.

You may get some bleeding. Wrap a gauze swab around the penis and, if you can see the bleeding point, apply gentle pressure until it stops.

You will get some swelling and bruising of the penis which may last several days

It can take up to six weeks before the penis returns to its final cosmetic appearance

The exposed glans penis will feel very sensitive for the first two weeks. Once this has settled, your penis may feel a little less sensitive than before the operation

The exposed glans may also dry out and scab over. Applying a little Vaseline 2 or 3 times a day will help this.

Any dressing should fall off within 24 hours; if it does not, or if it becomes soaked

With urine, you should remove it.

Your stitches will dissolve, usually within two to three weeks

Try to keep the area dry for 24 hours

You should not swim for one or two weeks

Wear loose-fitting clothing for two to three days

You will continue to get erections as normal after the procedure, but you should

refrain from any sexual activity for four weeks

When you first get erections, you may feel some tightness around the scar

tissue; this will regain its normal elasticity within a few months

The procedure will have no effect on your ejaculation and fertility

**Driving after Surgery**

We advise you not to drive on the day of the procedure, and until you feel fit to drive and confident to do an emergency stop. You only need to contact the DVLA if your ability to drive is likely to be affected for more than three months. If it is, you should check with your insurance company before driving again.

**Going back to work**

It is likely that you will need to take at least a couple of days off work. You can self-certify for up to 7 days, then should see your GP if more time off is required.

**Follow up**

You will be given a copy of your discharge summary and a copy will also be sent

to your GP.

You will receive a follow up phone call from GP Care within 7 days of your procedure.

If you have concerns or become unwell before this, please contact your GP or the NHS 111 service.